

# 2013 COLORADO TRACK AND FIELD

UNIVERSITY OF COLORADO SPORTS INFORMATION  
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March 8-9  
 NCAA Indoor Track & Field Championships  
 University of Arkansas - Fayetteville, Ark.  
 Tyson Randal Track Center



## Men's Indoor Conference History

### Big Seven Conference

1948	6th
1949	5th
1950	5th
1951	7th
1952	3rd
1953	6th
1954	4th
1955	4th
1956	4th
1957	6th

### Big Eight Conference

1958	7th
1959	4th
1960	4th
1961	5th
1962	6th
1963	4th
1964	5th
1965	7th
1966	No Entry
1967	8th
1968	6th
1969	6th
1970	8th
1971	2nd
1972	2nd
1973	5th
1974	3rd
1975	4th
1976	6th
1977	6th
1978	5th
1979	6th
1980	6th
1981	(t)7th
1982	7th
1983	6th
1984	7th
1985	8th
1986	8th
1987	(t)5th
1988	7th
1989	5th
1990	6th
1991	7th
1992	6th
1993	6th
1994	3rd
1995	5th
1996	4th

### Big 12 Conference

1997	3rd
1998	4th
1999	2nd
2000	6th
2001	7th
2002	6th
2003	8th
2004	8th
2005	7th
2006	7th
2007	8th
2008	7th
2009	12th
2010	12th
2011	12th

### Mountain Sports Pacific Federation

2012	11th
2013	10th

## Women's Indoor Conference History

### Big Eight Conference

1976	4th
1977	3rd
1978	4th
1979	3rd
1980	7th
1981	7th
1982	6th
1983	4th
1984	7th
1985	8th
1986	8th
1987	8th
1988	4th
1989	3rd
1990	6th
1991	4th
1992	6th
1993	7th
1994	4th
1995	3rd
1996	2nd

### Big 12 Conference

1997	3rd
1998	6th
1999	5th
2000	11th
2001	4th
2002	5th
2003	6th
2004	5th
2005	8th
2006	11th
2007	11th
2008	12th
2009	12th
2010	12th
2011	11th

### Mountain Sports Pacific Federation

2012	t11th
2013	11th

**LET'S REVIEW:** Three Buffs, Emma Coburn, Joe Morris and Aric Van Halen, have advanced to the NCAA Indoor Championships this weekend, March 8-9, in Fayetteville, Ark. Coburn will compete in the mile run, Morris in the 60-meter dash and Van Halen in the 3,000-meters.

**LIVE STATS AND VIDEO:** Fans unable to attend the championships can access live stats and a live stream at NCAA.com.

**106th MILLROSE GAMES:** The prestigious Millrose Games were in mid-February and the Buffs had not one, but two athletes invited to compete. Emma Coburn debuted in the Wannamaker Mile while Joe Morris raced in the 60-meter dash. In total there were only 14 collegiate athletes at the event.

**HIGH FIVE:** Emma Coburn made her 2013 track debut at the 106th Millrose Games and became the fifth best NCAA performer (sixth fastest time) in the mile by running a sub-4:30 time (4:29.86). Only four women have run faster while in college. Former teammate Jenny (Barringer) Simpson owns the record at 4:25.91. Sally Kipyego (Texas Tech) is on the list twice (4:27.19, 4:29.75), Vicki Huber (Villanova) is the third best performer (4:28.31) and Sarah Bowman (Tennessee) is fourth (4:29.72). Coburn was also named the USTFCCCA Mountain Region Track Athlete of the Year for that performance.

**RECORD SETTER:** Brianne Beemer finished her indoor career by breaking a 20-year old school record in the pentathlon. Beemer recorded 4,059 points to place seventh at the USA Indoor Championships, topping the previous record of 4,046 points by Pam Owens in 1993.

Beemer also owns the top spot in two single categories of the pentathlon. She ran 8.82 in the 60-meter hurdles earlier this year and last year she clocked a time of 2:11.71 in the 800.

## CU Athletic Honor Roll



### CU Athlete of the Week

Joe Morris (Jan. 16)  
 Mark Jones (Jan. 29)  
 Liz Tremblay (Jan. 29)  
 Aric Van Halen (Feb. 12)  
 Emma Coburn (Feb. 19)

### USTFCCCA Athlete of the Week (honorable mention)

Joe Morris (Jan. 14)  
 Emma Coburn (Feb. 18)

### USTFCCCA Mountain Region Track Athlete of the Year

Emma Coburn

**TOP THREE:** Aric Van Halen leaped onto the CU 3,000-meter run performer's list on Feb. 9 when he clocked the third fastest time in school history (7:53.74) at the Husky Classic. In doing so, Van Halen jumped over three Olympians; three-time Olympian Dathan Ritzenhein (8:01.18), Jorge Torres (8:02.75) and two-time Olympian Alan Culpepper (8:04.67). Torres competed at one Olympic Games.

**TAKING A LEAP:** Abrianna Torres jumped 19-08.75 in the long jump to win the Air Force Team Challenge, as well as to move up to third on CU's performer's chart. The mark surpassed Amberly Casey's jump of 19-08 from 2007.

**ANOTHER SCHOOL RECORD:** The women's 4x400-meter relay team of Eileen Gehring, Bridget Sweeney, Lindsay Mattson and Brianne Beemer broke their school record of 3:45.11 on Feb. 9 at the Tyson Invitational when they finished in 3:43.42.

**THE FLASH:** Joe Morris made an immediate splash on the nation when he ran 6.57 at the Air Force All-Comers meet on Jan. 12. The time broke his own CU record in the 60, which had been 6.63, and was also the fastest time in the NCAA at that point. Because of that performance he was invited to compete at the Millrose Games where he placed seventh in a field of eight that included four 2012 Olympians.

**NO. 2 ON TWO CHARTS:** Liz Tremblay is making her mark on the CU record book this season as she has taken over the second spot on the school's 600-yard and 800-meter lists. She recorded a time of 1:23.49 in the 600 at the Potts Invite to start the season. Tremblay improved on her second-place ranking in the 800 after clocking a time of 2:08.91 on Jan. 26 in Seattle.

**MOVING ON UP:** Eileen Gehring is just a sophomore but has moved into the second position on CU's all-time performers list in the indoor 200 and 400-meter dashes. Gehring, who set the outdoor 400 record as a freshman last season, is also a member of CU's record setting 4x400-meter relay team. She has clocked 24.31 in the 200 and 54.67 in the 400 so far this season.

**FLYING HIGH:** CU's high jumpers are soaring up the school's record books this season. Mark Jones became the third best performer after clearing 7-2.25. It was the best jump by a Buffalo since 1993 when Mark McDonald jumped 7-1. The mark is 1.25 inches off of the school record (7-3.50).

On the women's side, Kelsey English moved into a tie for sixth overall after she reached 5-9.25.

**IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS:** Freshman Carrie Verdon placed third at the USA Junior Cross Country Championships on Feb. 2 to earn a spot on Team USA for the world championships in Poland on March 24.

**SPORTSWOMEN OF COLORADO:** Emma Coburn and Shalaya Kipp were both honored by the Sportswomen of Colorado this year for their 2012 performances. Both qualified for the Olympic Games in the 3,000-meter steeplechase.

**COLORADO SPORTS HALL OF FAME:** Shalaya Kipp was named the Colorado Sports Hall of Fame Collegiate Female Athlete of the Year for her 2012 season. During the year she won the Pac-12 Conference and NCAA steeplechase crowns, placed third at the U.S. Olympic Team Trials to earn a spot on the U.S. team at the London Olympic Games, and also recorded her third All-American honor on the cross country course with an 18th-place finish at NCAAs in November.

## NCAA Indoor Track & Field

Men's NCAA Indoor History		Women's NCAA Indoor History	
1979	NTS	1979	NTS
1980	NTS	1980*	t38th
1981	NTS	1981	NTS
1982	NTS	1982	NTS
1983	t15th	1983	NTS
1984	NTS	1984	NTS
1985	NTS	1985	NTS
1986	NTS	1986	NTS
1987	NTS	1987	NTS
1988	NTS	1988	NTS
1989	NTS	1989	NTS
1990	NTS	1990	NTS
1991	NTS	1991	NTS
1992	NTS	1992	NTS
1993	NTS	1993	NTS
1994	NTS	1994	NTS
1995	t21st	1995	t19th
1996	NTS	1996	NTS
1997	t19th	1997	t38th
1998	25th	1998	14th
1999	t47th	1999	31st
2000	55th	2000	NTS
2001	NTS	2001	6th
2002	11th	2002	16th
2003	NTS	2003	12th
2004	31st	2004	38th
2005	53rd	2005	16th
2006	31st	2006	51st
2007	t32nd	2007	NTS
2008	NTS	2008	NTS
2009	NTS	2009	t22nd
2010	NTS	2010	NTS
2011	NTS	2011	t57th
2012	NTS	2012	NTS

**INDIVIDUAL NCAA CHAMPIONS...**The CU men have captured five individual NCAA indoor titles, while the women have collected four.

<b>Men's:</b>	60-Yard Hurdles	Marcus Walker, 1971
	Long Jump	Kingsley Adams, 1974
	Two-mile	Mark Scrutton, 1983
<b>Women's:</b>	3000-Meter Run	Adam Goucher, 1997, 98
	3000 Meter Run	Renee Metivier, 2005
		Jenny Barringer, 2009
	5000 Meter Run	Jodie Hughes, 2001
		Sara (Gorton) Slattery, 2003

## 2013 NCAA DIVISION I INDOOR TRACK AND FIELD CHAMPIONSHIP

*Times listed are Central Time Zone.***FRIDAY, MARCH 8 - TRACK EVENTS**

<i>Time</i>	<i>Event</i>	<i>Division</i>	<i>Round</i>
5:30 PM	Mile	Women	Semifinal
5:45 PM	Mile	Men	Semifinal
6:00 PM	60 Hurdles	Women	Semifinal
6:15 PM	60 Hurdles	Men	Semifinal
6:25 PM	400 Meters	Women	Semifinal
6:40 PM	400 Meters	Men	Semifinal
6:55 PM	60 Meters	Women	Semifinal
7:05 PM	60 Meters	Men	Semifinal
7:15 PM	800 Meters	Women	Semifinal
7:25 PM	800 Meters	Men	Semifinal
7:35 PM	200 Meters	Women	Semifinal
7:45 PM	200 Meters	Men	Semifinal
7:55 PM	5000 Meters	Women	Final
8:15 PM	5000 Meters	Men	Final
8:35 PM	200 Meters	Women	Final
8:40 PM	200 Meters	Men	Final
8:45 PM	Distance Medley Relay	Women	Final
9:00 PM	Distance Medley Relay	Men	Final

**FRIDAY, MARCH 8 - FIELD EVENTS**

<i>Time</i>	<i>Event</i>	<i>Division</i>	<i>Round</i>
12:30 PM	Weight Throw	Women	Trials & Final
3:15 PM	High Jump	Women	Final
3:15 PM	Shot Put	Men	Trials & Final
5:30 PM	Long Jump	Men	Trials & Final
5:30 PM	Long Jump	Women	Trials & Final
5:30 PM	Pole Vault	Men	Final

**FRIDAY COMBINED EVENTS**

*The combined events will be on a rolling schedule with 30 minutes between each event. Heptathlon will begin at 10:00 a.m. with the 60 meters.*

**SATURDAY, MARCH 9 - TRACK EVENTS**

<i>Time</i>	<i>Event</i>	<i>Division</i>	<i>Round</i>
6:00 PM	Mile	Women	Final
6:10 PM	Mile	Men	Final
6:20 PM	60 Hurdles	Women	Final
6:30 PM	60 Hurdles	Men	Final
6:40 PM	400 Meters	Women	Final
6:50 PM	400 Meters	Men	Final
7:00 PM	60 Meters	Women	Final
7:10 PM	60 Meters	Men	Final
7:20 PM	800 Meters	Women	Final
7:30 PM	800 Meters	Men	Final
7:40 PM	3000 Meters	Women	Final
7:55 PM	3000 Meters	Men	Final
8:05 PM	4x400 Relay	Women	Final
8:20 PM	4x400 Relay	Men	Final

**SATURDAY, MARCH 9 - FIELD EVENTS**

<i>Time</i>	<i>Event</i>	<i>Division</i>	<i>Round</i>
2:00 PM	Weight Throw	Men	Trials & Final
3:30 PM	High Jump	Men	Final
4:00 PM	Shot Put	Women	Trials & Final
5:30 PM	Pole Vault	Women	Final
6:00 PM	Triple Jump	Men	Trials & Final
6:00 PM	Triple Jump	Women	Trials & Final

**SATURDAY COMBINED EVENTS**

*The combined events will be on a rolling schedule with 30 minutes between each event. Pentathlon will begin at 11:45 a.m. with the 60 hurdles and the heptathlon at 11:00 a.m. with the 60 hurdles.*



**2013 INDOOR TRACK & FIELD  
CHAMPIONSHIPS**  
DIVISION I